

# What should my child be able to do?

<b>4-6 months</b>	<ul style="list-style-type: none"> <li>• Speech-like babbling (ma, da, ba, pa)</li> <li>• Attends to different sounds.</li> </ul>
<b>7-12 months</b>	<ul style="list-style-type: none"> <li>• Babbles more sounds together (baba, mamama)</li> <li>• Says 1 or 2 words</li> <li>• Understands words for common items/actions</li> </ul>
<b>1-2 years</b>	<ul style="list-style-type: none"> <li>• Follows 1-step directions</li> <li>• Responds to basic questions</li> <li>• Starts to point &amp; name pictures</li> <li>• Starts to combine words</li> </ul>
<b>2-3 years</b>	<ul style="list-style-type: none"> <li>• Follow 2-step directions</li> <li>• Understand opposites</li> <li>• Has a word for almost everything</li> <li>• Uses 2-3 words to talk &amp; ask things</li> <li>• Uses words like: <i>in, on, under</i></li> </ul>
<b>3-4 years</b>	<ul style="list-style-type: none"> <li>• Starts to understand words for colors &amp; shapes</li> <li>• Answers simple what, where, &amp; who questions</li> <li>• Uses pronouns <i>I, you, me, we,</i> and <i>they</i></li> <li>• Talks about what happened in their day.</li> </ul>
<b>4-5 years</b>	<ul style="list-style-type: none"> <li>• Understands first, next, last</li> <li>• Understands words for time (<i>yesterday, today, tomorrow</i>)</li> <li>• Tells a short story</li> <li>• Maintains conversation</li> <li>• Talks in more complex sentences</li> </ul>

*Children develop rapidly over the first years of life. Every child's development is unique. Non-mastery of any one item does not necessarily signify the presence of a disorder. If you have concerns about your child's development, please schedule an evaluation with a speech-language pathologist.*



## SIGNS OF A FEEDING/ SWALLOWING DISORDER

- Difficulty breast feeding or accepting a bottle
- Arching or stiffening of body during feeding
- Refusing food or liquids
- Failure to accept different textures (ex. only purees or no crunchy foods)
- Coughing or gagging during meals
- Takes a long time to finish a feeding (longer than 30 minutes)
- Food comes out of mouth or nose
- Poor weight gain

## Speech Sound Milestones

- 1-2 years** /p, b, m, h, w/
- 2-3 years** /k, g, f, t, d, n/
- 4-5 years** /f, y, l/
- 5-7 years** /s, z, j, l, r, sh, th, ch/

\*Typical Speech and Language Development.\* American Speech-Language-Hearing Association, American Speech-Language-Hearing Association, www.asha.org/public/speech/development/.



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